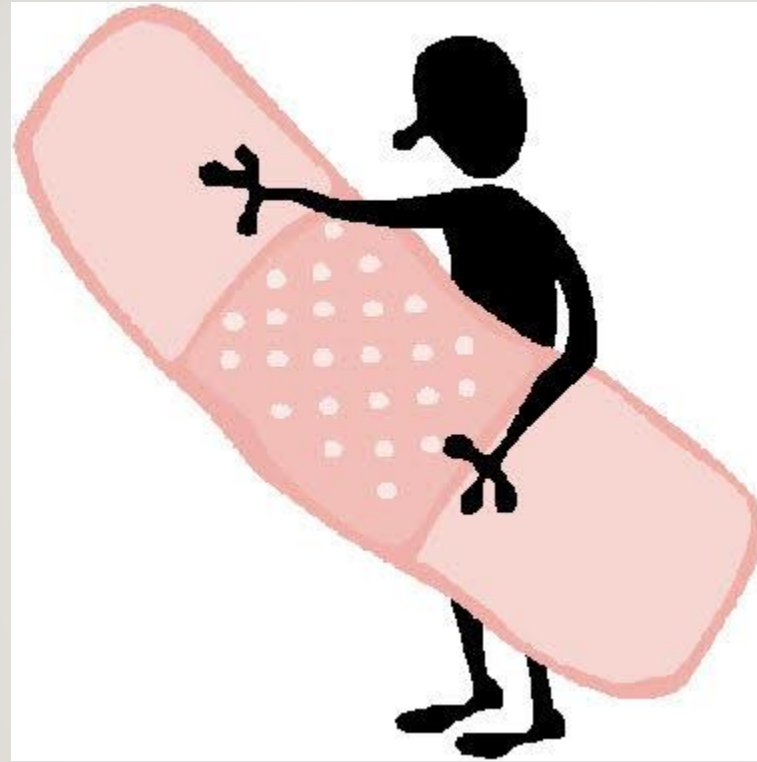
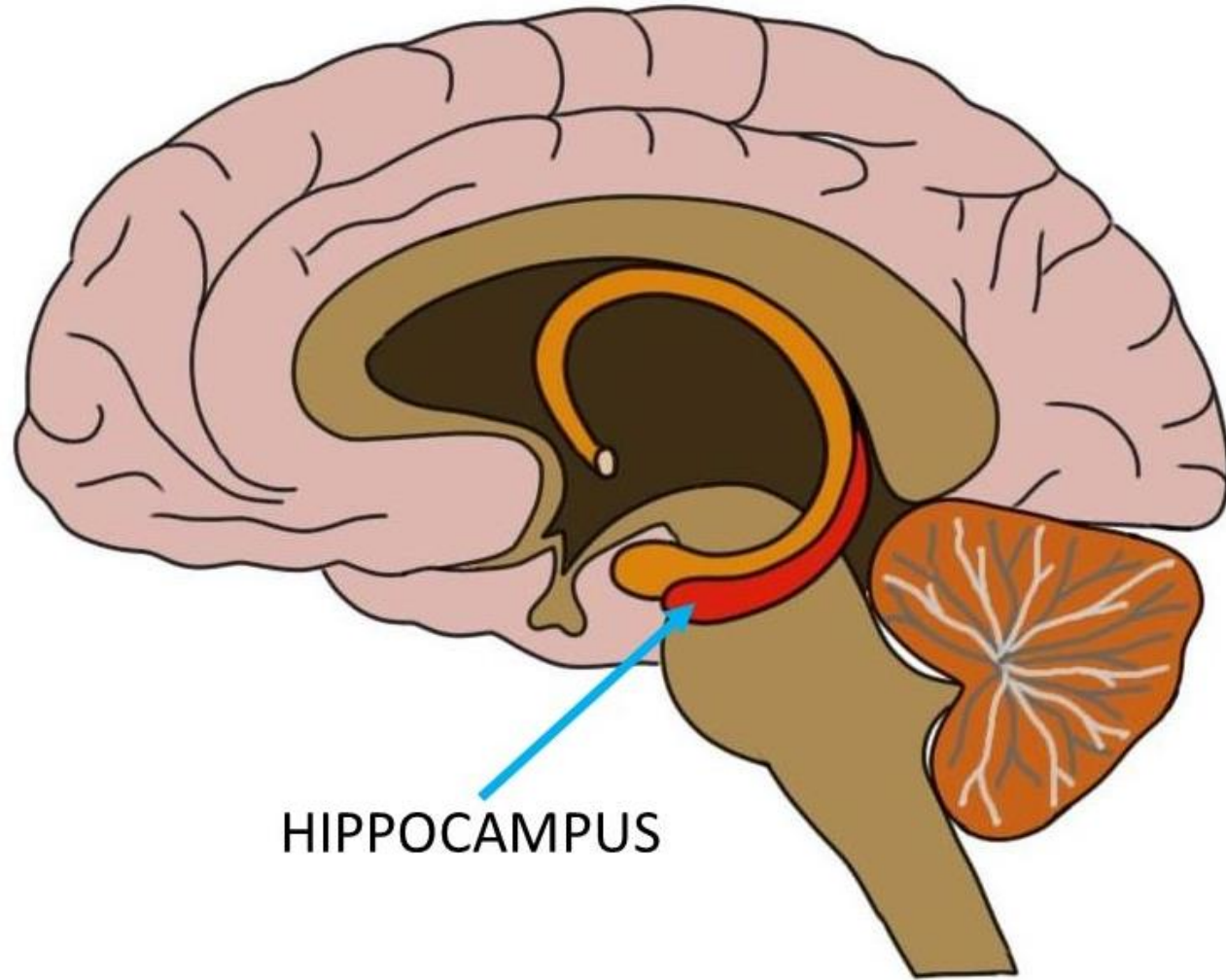


COMFORTING THOSE WHO LOSE A LOVED ONE

SANDY KESTER

7/28/2024



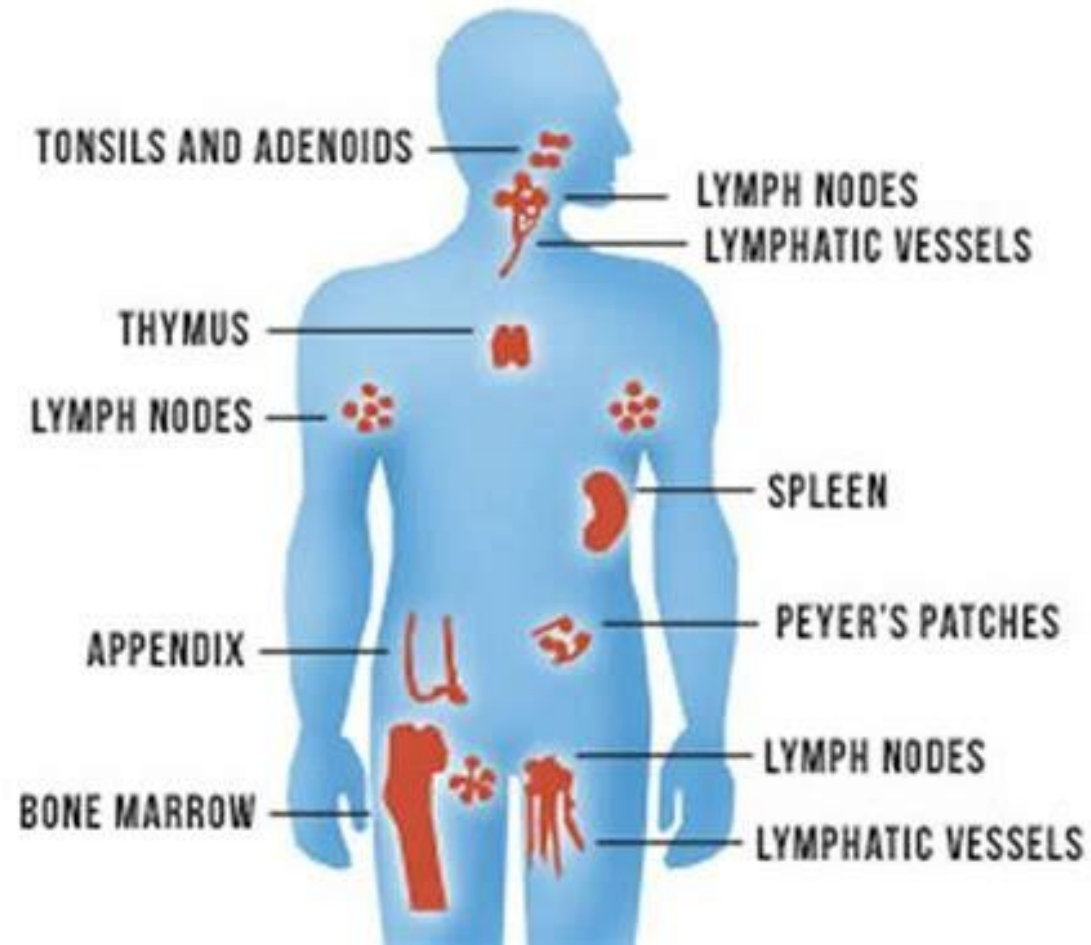


HIPPOCAMPUS





ORGANS OF THE IMMUNE SYSTEM







WHAT PEOPLE SAY BUT SHOULDN'T



“The End of the World”



WHAT PEOPLE SAY BUT SHOULDN'T





“WHAT GRIEVING PEOPLE WISH YOU KNEW”



“Your tears are the salve
on our wound, [but] your
silence is salt.”

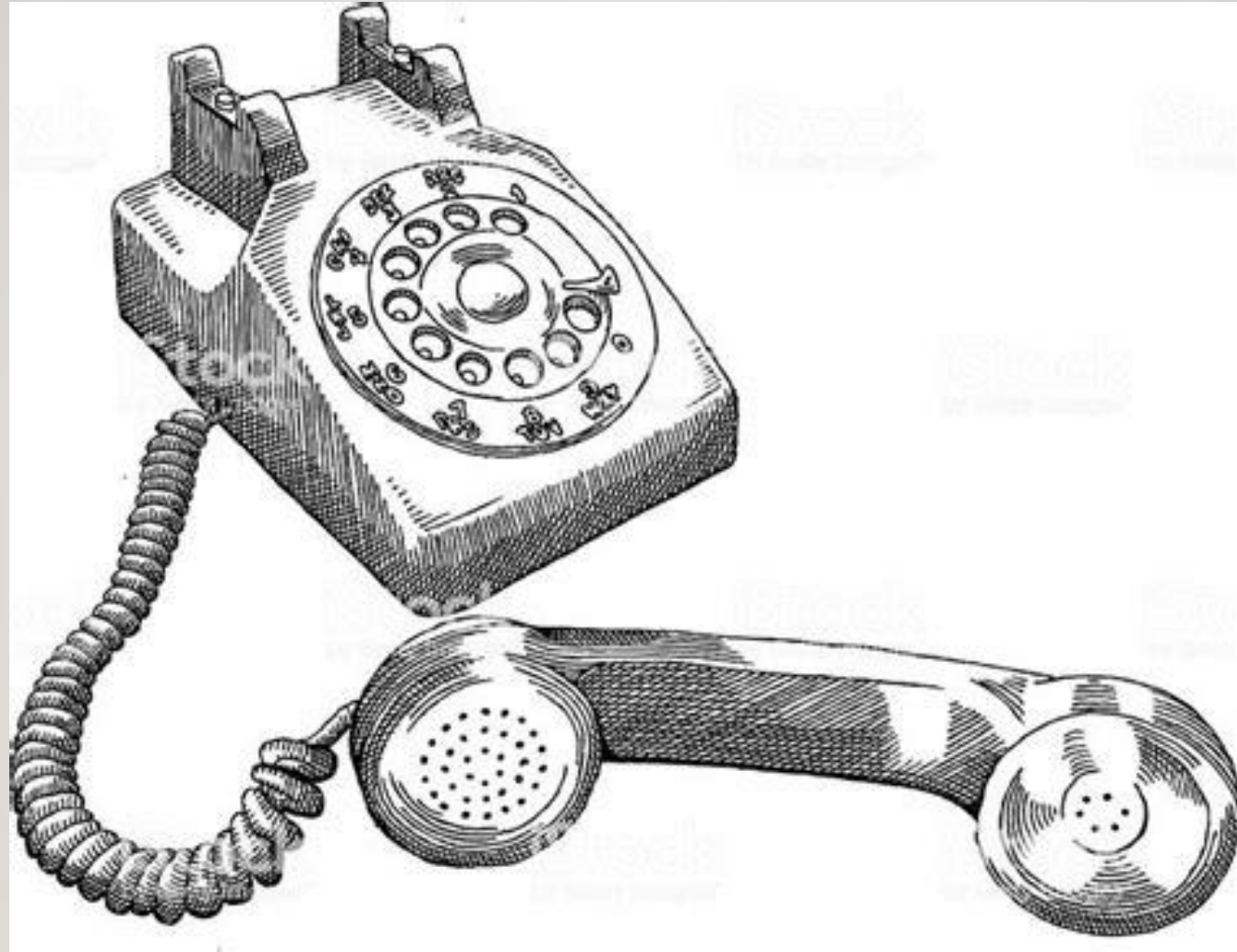
Nicholas Wolterstorff



DO SOMETHING DEFINITE FOR THEM











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WHAT TO DO FOR GRIEVING PEOPLE

1. JUST SHOW UP, DO SOMETHING FOR THEM. DON'T ASK. DO.
2. DON'T COMPARE LOSSES. DON'T COMPARE THEIR LOSS TO YOURS OR OTHERS. ACKNOWLEDGE THEIR LOSS.
3. THEY WILL WANT TO TALK ABOUT THEIR LOSS. USE THEIR LOVED ONES' NAME.
4. THEY NEED TIME AND SPACE TO BE SAD. BE THAT PERSON WHO WON'T RUSH THEM THRU.



PANEL Q & A

COMFORTING THOSE WHO LOSE A LOVED ONE

